

**Insanity – Suicide - Balance and Imbalance.**

**Macello:** God bless you.

**All:** God bless you Macello.

**Macello:** And we are gathering again in numbers, what a joy it is to see once again Brother John.

**Brother John:** Bless you Macello, good to be here.

**Macello:** It is also very good for Macello to be here in your presence, so now Brother John, what of these many things you would speak with Macello, these things you have been turning in and out of your heart in these few days.

**Brother John:** There have been many things.

**Macello:** Then speak of them with Macello.

**Brother John:** Well, the last time we met Macello we said we would talk on the causes of insanity.

**Macello:** And this is what you wish Macello to speak with.

**Brother John:** Yes.

**Macello:** Is this so.

**Brother John:** Yes please Macello.

**Macello:** We will begin with the causes of insanity by summoning it up in one word, just one simple word of your language Brother John. That word is need, it's a need, it's a need to be understood, it is a need to be heard, to be recognised for what one is. It is a need not so much of the material body or the material mind or the material consciousness, it's a need of the spirit to be seen and known for what it is and through this need comes frustration. There comes torment, there comes fear, there comes all these things, which tear at the mind and the heart and the understanding of the human consciousness in its material state and so I say it's a need a need to be understood and to be recognised for what it is. Some will say it is an illness, some will say it is a sickness, but I will say to you consider this moment when Christ was confronted by this one possessed by devils or demons, whichever you wish to call them, as they termed them in those days. He knew there were no devils or demons in his heart; he knew there was nothing there to destroy this one. He knew that only was the need, the need to be understood, to be loved, to be blessed, to be recognised, to be felt, to be seen and identified as a child of God. A spirit encased in a confused mind, a mind confused by the corruption of this material world, perhaps more so concentrated upon this child than it is on others. Perhaps it is concentrated so much so that this simple mind this human loving thing could not comprehend those things, which had befallen it whether it was through brutality or unkindness, or through a distortion in its formation as a child.

A man will not try to identify too closely with this because it is a very confusing thing it is a very deep and complex thing and I will say to you Brother John, and I know, I know because I have been in your heart, I have seen through your eyes, I have felt through your hands those who are in this condition. I have been at your side Brother John when you

have laid your hands upon these children and blessed them. There is not insanity there is a need. There is a need to be loved and you have loved them. There is a need to be understood and you have understood them. There is a need to be blessed and to be recognised, to be identified as a human being not in his material form, but as a spirit. When you talk to these Brother John I know you are not talking to a mortal being, you are talking to a spirit and you are seeking for the answers and responses of the spirit to come through this confused and befuddled mind. And so it will be, so it will be Brother John that the words of love will penetrate far deeper than the chemicals of man, which are pumped into the brain only to create even more confusion and turmoil within, only to intensify this confusion and so blot out the power of the spirit to come through and reveal itself.

But you know Brother John, love conquers all things and you can conquer these things by reaching if only for a tiny moment, the true spirit of these children you bless and if for that moment, that tiny few seconds of their life, they can see you for who and what you are, they know that somewhere in this great wilderness of theirs there is love, there is a need for compassion and there is a receptivity of compassion. They know that through this darkness they have seen this light, a light that will show them the way and bring them to a peaceful conclusion through this journey of life. There is within these many children Brother John, blessed spirits, who are these like stars appearing you will sing in your hymns, who are they, what are they, who are you, what are you? I have asked these many times, I have asked you to ask this of yourselves many times, who are you and what are you more than they. You are children of God as we have said so many times and you are blessed with a conscious awareness, with perceptivity, with recognition, with intelligence. These are all integral parts of the spirit, not of the body, of the spirit and since these ones who you term as insane are also blessed of the spirit of God, since they also are living spirits, they also have these same attributes applied to them.

They too have these gifts and they too know in their own way and through their own darkness, just what life holds for them. They know and understand beauty, they know and understand love, they know and understand fear and rejection, they fight with confusion just as you do. If you take a sane, if you wish to call him this, a sane blind man and put him in a busy street where life is going on around him and he has never stood in this street before, he becomes confused and yet there is something, a conscious awareness within him, his life force which is helping him to reason in his own way and to cope with his life in this situation in his own way. And so it is with those whom you term as insane. They also are in a darkened place. They also have this confusion around them they cannot see nor understand and yet they have this spirit within which helps them deep down inside to know, to recognise and to find their way, to become reconciled with the life they live and the way they live it and the way life is presented to them. Do you understand what I am saying to you Brother John?

**Brother John:** Yes thank you Maccello.

**Maccello:** And will you remember these things when you bless these children? Don't think you are blessing a lunatic, you are blessing a child of God and he knows you are blessing him. He knows your every word, he loves your every deed, he simply has a different way of showing it. You understand this Brother John?

**Brother John:** Yes thank you.

**Maccello:** Is there anything else you wish for Maccello to say on this subject for you?

**Brother John:** Jesus said that two cardinal rules for man to follow are the love of God and its opposite polarity, equal though in intensity is love of neighbour. For those people who don't pursue those two maxims in their lives this must build up a selfish world around them. There are people who are grossly selfish. Is this the beginning of the seed of insanity what may it become genetically transferred?

**Maccello:** There is insanity Brother John and there is also other forms of mental states, which lead on to this eventually. There is one who is what you will call fanatical and obsessive and there is one who will not withdraw from this persistent want. Want in its self for wants' sake is closer to insanity than those conditions you deal with among the sick children you bless. Do you understand this Brother John?

**Brother John:** Yes I can.

**Maccello:** The love of Christ and the fellowship of the Holy Ghost, the brotherhood of man, the love of forgiveness, the love of giving, the love of receiving should all be balanced. You understand this also Brother John?

**Brother John:** Yes I do.

**Maccello:** And so with this, with these conceptions of life, there is a perfect balance in life. Where this perfect balance does not exist then there is this word, which you call, imbalance, I suppose I would say or you would say insanity. Is this answer for your question Brother John?

**Brother John:** Very good Maccello. Your very strong tonight Maccello.

**Maccello:** I have to be strong Brother John for this, this is a subject not only close to the heart of Maccello, it is a subject which is close to the heart, it's close to the heart and to the awareness of Christ himself and where we are brought to become aware of these children who walk in torment and are so misjudged and misunderstood and misinterpreted and misconstrued by their own fellow beings who really are no more balanced than they are, then there is a great need for us to be strong. They are children of God. They are bearing this terrible condition through a karmic state of their life so that man in his stupidity and ignorance can somehow try to understand their need for balance and equality in spiritual love within the life of men and within the evolvment of their pathway through life. It is so important Brother John that we bless the sick, that we bless the suffering not out of pity but out of understanding, out of our own need to be humble enough to understand and know them for who and what they are. Christ himself blessed these children many, many times and he blesses them even now and it is so important to him and to those such as Maccello and Brother Gustus Emmanuel, of those who inspire you children also, that you find this balance in life and you find this balance in love, that you find this creation of love within yourselves and share it, spread it, give it without cost, give it without fear, without hindrance, give it even sometimes without joy but with suffering so that you yourselves will understand what suffering is.

How can you tell a man the taste of a loaf of bread if you have not tasted it yourself? And each and every one of you in your life times will experience this state of imbalance to some degree. You will find this confusion in your lives and many times you will say to yourselves, why must I be so confused, why must my heart always be so troubled, why cannot life be so good for me as it is for those around me. Why am I forever in turmoil, why is my life the way it is. I will tell you; in all truth your life is as it is because God ordained it so and he ordained it so that you may learn the lessons of your life and you may know the fruits of your labours, that you may not only see the pain of others but feel it also in your

hearts and by the taking of this pain then truly you can give compassion. By the taking of the pain and the sins of this world Christ was able to give to mankind compassion, which will last for all time and will permeate itself across this Earth and into the hearts and minds of men for as long as there are men to receive it.

The story of Christ is not just a lovely story in the holy book, the story of Christ is Gods message to man and it is an eternal message and I have said, a message which will go forward and will be carried as long as there are men to receive it. As long as there is a consciousness to receive it for this message goes on not only in this world but in our world also and many times blessed ones have written learned words, words that you can carry in your heart to remember these things. I heard Sister Valerie debating these words, such words as this, simple words, the words of the Desiderata for instance. Why did you buy this book you will ask yourself Sister Valerie. What does it say? Is it just a few pretty words written on the pages decorated to make them look nice, or are they words edged into the pages of your life to burn into your being and to enrichen your soul and to enlighten you all the days of your life and so help you find this balance that you call sanity and in finding this balance you will understand the imbalance which you call insanity and in understanding this you will bless it all the days of your life, you will know it, you will understand it, not as one who plays around with the brain and the consciousness in a book, for it cannot be written in a book, it can only be written in your hearts and in your minds and in your understanding and in your consciousness and in your growth and in your spirit.

And so I will quote for you these few words Sister Valerie, for the benefit of all of you, these words which say to you quite simply:

“Go placidly amid the noise and the haste and remember what peace there may be in silence and as far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly and listen to others, even the dull and ignorant for they too have their story and if you compare yourselves with others you will become vain and bitter for always there will be greater and lesser persons than yourselves. Enjoy your achievements as well as your plans. Keep interested in your own career however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery, but let this not blind you toward what virtue there is; many persons strive for high ideals and everywhere life is full of heroism. Be yourself, be yourself, especially do not feign affection neither be cynical about love; for in the face of all aridity and disenchantment these are as perennial as the grass. Take kindly the council of the years, gracefully surrendering the things of youth, nurturing strength of spirit to shield you in sudden misfortune. You are a child of the universe, no less than the trees and the stars and you have a right to be here and whether or not it is clear to you, no doubt, no doubt, the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive him to be and what ever your labours and aspirations in this noisy confusion of life, keep the peace with your soul for with all its sham, drudgery and broken dreams this is still a beautiful world, be careful and strive to be happy.”

Remember this simple little philosophy of life, for this is a philosophy of balance it is telling you how to maintain this balance of life. It is separating sanity from insanity, balance from imbalance, consciousness from unconsciousness, perception from imperception. It is a code of life we seek for you to follow. What I have quoted for you is just a simple, beautiful truth and there are many more such beautiful and simple truths that you yourselves can create within your own hearts and within your own understandings concerning these things. I am not going to enter into any arguments with any one of you concerning the medical descriptions and perceptions of insanity. I am not a medical student, I am not an apothecary, I am not a brain tester as they were in my day, I am a spirit,

I am an instrument of his peace. I am a servant of these white realms and so I cannot involve myself with the confusions and misconceptions and conceptions that man writes of here in this Earth plane concerning these things, I can only speak of conceptions of balance and imbalance as we see it here in these planes of peace and love. Is this answer for your question Brother John?

**Brother John:** Yes, thank you very much.

**Maccello:** And does this bother your heart anymore now?

**Brother John:** No not really.

**Maccello:** We have a long way to go with Brother John, you and I. We are as children embarking on a pathway and though I inspire instrument in many ways I am going to take you by the hand and demonstrate for you, time and time again, the speed of growth, the speed of evolvement and you will find many of the things you have learnt in the past re-written, re-aligned, re-told, re-counted according to the understandings of present day man and not according to the understanding of man of yesteryear, but of now. You Brother John have been blessed with seeing it progress in the days of yesteryear and you will be blessed with seeing it unfold yet again in messages told anew, philosophies re-told, re-counted as I have said, revised and re-written according to the needs of your children now. We will do this together Brother John and I want you to know Brother Gustus Emmanuel is at this moment serving at the altar of his own consecration to God of his spirit. Do you understand what I'm saying to you Brother John?

**Brother John:** Yes indeed I do, bless you.

**Maccello:** And he does this at the side of this one who is known to you as Brother Zodiac and there is also an arc brother, one who is known as Brother Michael who also works and serves at this same altar and who performs unto the Lord their host. Brother Gustus Emmanuel is a server for such as these Brother John and he's learning the meaning, the acceptances of his learning's here on this Earth plane are few but you will begin to recognise them Brother John as they unfold. Is this make you content?

**Brother John:** Yes, marvellously so.

**Maccello:** Now Brother John, has Maccello, by saying these things to you, removed from your heart some of the heaviness, which you have been feeling over these past many days?

**Brother John:** Yes, definitely. You have given me a feast of the spirit Maccello from which I shall be replenished and satisfied many, many times. Thank you.

**Maccello:** You have many writings in your possession Brother John.

**Brother John:** Yes I do.

**Maccello:** Watch now, watch with joy in your heart as together we will re-write and revise and re-tell these stories anew.

**Brother John:** Well, well, bless you. Great service there Maccello.

**Maccello:** Take from these writings Brother John those things you would wish to be modified, bring them to Maccello, we will discuss them. Bring them to Brother Gustus Emmanuel and he will bless you with the understanding of them. Is this make you content?

**Brother John:** Yes thank you.

**Macello:** Before I leave you and whilst we are holding the instrument at this depth, is there anyone else who would wish to talk with Macello? Is there no one, is there no one who would ask a question of Macello concerning those things I have already spoken, it's easy to say?

**Brother Christopher:** There was another question Macello but I don't know if we have time, it could be quite lengthy, it was to do with suicide.

**Macello:** Si, what is your question?

**Brother Christopher:** What are Gods feelings when a human being takes his own life?

**Macello:** Brother Christopher I can not speak for God, but I do know, I do know that he is the greatest judge of all and what is the task of a judge, not simply to pass a sentence or to criticise or to condemn, the post of a judge is to understand the cause, to come to terms with the effect and to exercise his discretion according to his findings. You understand this?

**Brother Christopher:** I do.

**Macello:** And so it is. Man in his method of judgement here on this Earth will say he committed this suicide as you call it, because the balance of his mind was disturbed, and this may be so because this balance I was talking to you of, was an imbalance and how can you condemn a man for this. How can you condemn a man who has no control over his actions, is not responsible for what he is doing, who is torn with torment and fear or guilt or whatever it is which is tearing at his heart or his being? When you consider what all this torment and imbalance is in a man, and it takes this, this act of believing, that if he takes his life he will take away all this suffering. Is this not in his own way saying, Father I know, I know I cannot take this suffering anymore, I want to come to you. Can you condemn a child for wanting to go to his Father or to his Mamma, if he's in trouble or he's in pain, if he's in torment? Can you condemn the spirit of this child for this? I would not condemn the spirit of this child for this but I would condemn the thinking of those who would put a scorn on such a being who is so tormented and imbalanced and without control and without the responsibility of himself, is no longer capable of controlling his own conscious awareness and reason. How can you condemn someone such as this? Ask yourself, would Christ condemn one or would he go to him and say come my child, let us bless you and make you whole, receive the Spirit of God, come into his realms and rest ready to begin again when you are stronger.

I leave it to those here on this Earth plane to rest with their own conscience, if they can condemn one who has lost control of his own ability to control his conscious awareness, who has lost the ability to control his reason through sickness, if you wish, through pressure, through torment and through tiredness of the spirit. It is true that a child will go to school and will become so confused with his lessons in school he will run away from the school and go to his Mamma and his Mamma or his Papa will scold him gently and try to make him understand and will send him back again. And so it is they will come here before there is ordained they should come, and the Father will gently chastise them if it is necessary, if and only if it is necessary and he will try to make them understand through the teachings of those of us who are here to teach and reason with such children as this and help them to return and go along their way renewed, restored and revived in their love of life and all that life has to offer them.

If man can take it upon himself to be the judge of those who are sick and suffering and condemn them so, then man must take his own judgement upon himself in so doing. Is this make you happy now and content Brother Christopher?

**Brother Christopher:** Yes thank you very much Maccello.

**Maccello:** Is anyone else wish to talk with Maccello on this subject, which only comes back once again to the subject of balance and imbalance and the right to judge and condemn those who cannot reason for themselves. What is man, what is the son of man, is it not written in your psalms? What is man that thou taketh account of him, and what is the son of man that thou has knowledge of him? Think of this when next you will condemn one, or mock one who has lost his reason and struggles in the darkness to be understood and ask yourself then are you the one to condemn, are you the one to judge and if you do take it upon yourself to be such a one, is it not therefore yourself who has lost the balance of reason? Is this make you content now Brother Christopher?

**Brother Christopher:** Yes thank you Maccello, very much so.

**Maccello:** You have nothing more you wish to say to Maccello Brother John?

**Brother John:** I would just end up with what you said about Jesus' words, what so ever ye would have men do unto you even so do ye unto them.

**Maccello:** You are truly a child of his Brother John and blessed are those who shall speak his word and blessed even more are those who shall receive it as you have done. So it is I must leave you now. We have taken instrument on a deeper journey and he is held a long way from his body and we must return him gently and this may take some little time but in his returning, whilst he is returning, we will ask you to join in a prayer with Brother Gustus Emmanuel. We will bring these moments to a close. God bless you my children, God bless you.

**All:** God bless you Maccello.

### **Brother Gustus Emmanuel**

**Gustus:** God bless you my children.

**All:** God bless you Gustus.

**Gustus:** Let us pray with the Father.

The Lord said I am the way the truth and the light and who so ever shall believeth in me though he was dead, yet shall he live and I say to you my children, open your heart in prayer for those who are considered to be lifeless without reason for they live in him and he in them yet shall they live so shall they be. Almighty God, from whom all blessings flow, be in the hearts of these thy children O Father, lighten their darkness we beseech thee O Lord and through their good works may thy children know thee. Receive them O Lord, know them O Father, contain them always in thy light that they may always know and see the true vision of thy son's resurrection, knowing it to epitomise the resurrection of man from his own darkness born of his faith in thee. May the love of the Father and the Son rest in your hearts and in your mind and in your understanding. May his peace and love dwell in your hearts and homes and in your aspirations to life and all that life is in his name.

May you walk in his peace, may you journey along his pathway, may you be strengthened by his love, may you be enriched by his grace and may you know your brother man and may you know your sister woman and may you know your fellow creatures, all those children of God. May the Lord be with you, may the love of Christ his son and our saviour be upon us, may the light of his countenance dwell in your life and lighten your darkness also. May the joy of his peace be upon you. May the love of the Father and of the Son and of the Holy Spirit rest, dwell and remain within and on the spirit of each and every one of you from this time forward and even forever more. In the name of the Father and of the Son and the Holy Spirit, go in peace, go in love and be blessed. Amen.

**All:** Amen.